

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	3 9:00 a.m. Breakfast Club at Licking Memorial Hospital 10:00 p.m. Prize BINGO 1:00 p.m. Cardio Drumming	4 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise	5 10:00 a.m. Prize BINGO 11:30 a.m. Alzheimer's Support Group 11:30 a.m. Entertainment: Bob Pearce 1:00 p.m. Beginner Tap Dance	6 10:00 a.m. New Client Day 12:00 p.m. Cake Day! 1:00 p.m. Cardio Drumming 2:00 p.m. Football Fling	7
8 Grandparents Day	9 9:00 a.m. Coffee Klatch at Newark Station 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise 3:00 p.m. Cardio Drumming	10 10:00 p.m. Prize BINGO 1:00 p.m. Cardio Drumming	11 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise 2:30 p.m. Leaf Print Making	12 10:00 a.m. Prize BINGO 1:00 p.m. Beginner Tap Dance	13 1:00 p.m. Cardio Drumming 2:00 p.m. Movie Matinee: "Planes, Trains & Automobiles"	14
15	16 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise 3:00 p.m. Cardio Drumming	17 10:00 p.m. Prize BINGO 11:00 a.m. Lunch Club at Rusty's Wharf 1:00 p.m. Cardio Drumming	18 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise 2:30 p.m. Fall Acrylic Painting for New Clients	19 10:00 a.m. Prize BINGO 1:00 p.m. Beginner Tap Dance	20 1:00 p.m. Cardio Drumming 2:00 p.m. Dawes Fall Walk 3:00 p.m. Cupcakes with Tammy	21 Oktoberfest Begins
22 Autumn Begins	23 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise 3:00 p.m. Cardio Drumming	24 10:00 p.m. Prize BINGO 1:00 p.m. Cardio Drumming 2:00 p.m. Low Vision Support Group 2:00 p.m. Luffa & Soap Making at 3rd Street	25 9:00 a.m. Commodity Food Box Drive 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise 2:30 p.m. Modern Spider Web Craft	26 10:00 a.m. Prize BINGO 1:00 p.m. Beginner Tap Dance	27 1:00 p.m. Cardio Drumming 2:00 p.m. Bowling at Park Lanes	28
29	30 10:00 a.m. LCAP Book Club 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise 3:00 p.m. Cardio Drumming	<h1>September 2024</h1> <p>Heritage Hall Senior Center Activities. Please call (740) 345-0821 to reserve seats at events.</p> 				

Licking County Aging Partners Heritage Hall - All activities are subject to change due to unpredictable circumstances.