

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024



		1 9:00 a.m. Breakfast Club at Nutcracker in Pataskala 10:00 a.m. Prize BINGO 1:00 p.m. Cardio Drumming	2 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise Rosh Hashanah Begins	3 10:00 a.m. Prize BINGO 11:30 a.m. Alzheimer's Support Group 11:30 a.m. Entertainment: Gene Perrine 1:00 p.m. Beginner Tap Dance 2:30 p.m. Art: Owl Pastel	4 11:30 a.m. Entertainment: Phyllis E. Laine 12:00 p.m. Cake Day! Happy Birthday October Babies! 1:00 p.m. Cardio Drumming	5
6 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise 3:00 p.m. Cardio Drumming	7	8 10:00 a.m. Prize BINGO 1:00 p.m. Cardio Drumming	9 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise	10 10:00 a.m. Prize BINGO 1:00 p.m. Beginner Tap Dance 1:00 p.m. "Fact vs Fiction: Evaluating Information in a Digital World" 2:30 p.m. Craft: Ghost Wall Sculpture	11 1:00 p.m. Cardio Drumming 2:00 p.m. Movie Matinee: The Burbs Yom Kippur Begins	12
13 9:00 a.m. Coffee Klatch at Newark Station 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise 2:30 p.m. Watercolor Painting 3:00 p.m. Cardio Drumming Indigenous Peoples' Day	14	15 10:00 a.m. Prize BINGO 11:00 a.m. Lunch Club at Olive Garden in Heath 1:00 p.m. Cardio Drumming	16 9:00 a.m. Newsletter Day 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise Sukkot Begins	17 10:00 a.m. Prize BINGO 1:00 p.m. Beginner Tap Dance	18 1:00 p.m. Cardio Drumming 2:00 p.m. Movie Matinee: Signs	19
20 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise 3:00 p.m. Cardio Drumming	21	22 10:00 a.m. Prize BINGO 1:00 p.m. Cardio Drumming 2:00 p.m. Low Vision Support Group	23 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise 2:30 p.m. Art: Pen and Ink Ghostly Wall Art Simchat Torah Begins	24 10:00 a.m. Prize BINGO 1:00 p.m. Beginner Tap Dance	25 1:00 p.m. Halloween Cardio Drumming	26
27 10:00 a.m. LCAP Book Club 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise 2:30 p.m. Boho Wall Hanging 3:00 p.m. Cardio Drumming	28	29 10:00 a.m. Prize BINGO 1:00 p.m. Cardio Drumming 2:00 p.m. Fruit & Forest Farm Festival with Together We Grow Gardens	30 9:00 a.m. Commodity Food Box Distribution Day 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise	31 10:00 a.m. Prize BINGO 1:00 p.m. Fall Festival with Brenda Sue & The Out of Towners	<p>Heritage Hall Senior Center Activities. Please call (740) 345-0821 to reserve seats at events.</p>  	



Licking County Aging Partners Heritage Hall - all activities are subject to change due to unpredictable circumstances.