





NOVEMBER 2024 - REGULAR MENU



LICKING COUNTY
AGING PARTNERS

| | | | | FRIDAY |
|--|---|---|--|--|
| | | | | 1 Country Fried Steak Mashed Potatoes Brussel Sprouts Fig Bar Fruit Cup |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | |
| 4 Cheese Stuffed Shells Buttered Peas with Mushrooms Fruit Cup | 5 Bourbon Glazed Chicken Baby Bakers Steamed Broccoli Fruit Cup | 6 Sweet Potato Fish Brown Rice Buttered Lima Beans Fruit Cup | 7 Mac & Cheese with Ham Butter Beans Carrots Fruit Cup | 8 Creamed Chicken Sandwich Buttered Corn Green Beans Fresh Fruit |
| 11 LCAP CLOSED  | 12 BBQ Rib Patty w/Onions and Pickles Baby Bakers Fruit Cup | 13 Sausage Egg and Cheese Croissant Potatoes o'Brien Yogurt Cup | 14 Chicken & Dumpling Carrots Tossed Salad Fruit Cup | 15 Chili Corn Bread Muffin Tossed Salad Fresh Fruit |
| 18 Salisbury Steak w/Gravy Mashed Potatoes Lima Beans Fruit Cup | 19 Southwest Turkey & Rice Casserole Street Corn Fruit Cup | 20 Oven Roasted Salmon Brown Rice Hush Puppies Coleslaw Fruit Cup | 21 Cheese Burger Lettuce, Tomato, Onion Baby Bakers Dill Pickle Spear Fruit Cup | 22 Ham & Bean Soup Tossed Salad Corn Bread Muffin Fresh Fruit |
| 25  CHEF'S CHOICE | 26 Sloppy Joe Sandwich Tator Tots Succotash Fruit Cup | 27 Oven Roasted Turkey Herbed Stuffing & Gravy Mashed Potatoes Dinner Roll Pumpkin Pie | 28 LCAP CLOSED  | 29 LCAP CLOSED  |

***All meals include two servings of grains, butter & a carton of whole milk - Ingredient information available at: www.lcap.org/menu*
Menu is always subject to change - based on product availability.**

Please call the office by 4pm the business day before to cancel a meal. 740-345-0821 Ext. 1218