

SEPTEMBER 2024 - REGULAR MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LCAP CLOSED</p> 	<p>Chicken Pot Pie Mashed Potatoes Biscuit Fresh Fruit</p>	<p>Beef Goulash over Egg Noodles Mixed Veggies Dinner Roll Fruit Cup</p>	<p>Scalloped Potatoes with Ham Peas and Carrots Roasted Zucchini Fruit Cup Muffin</p>	<p>Tomato Bisque Turkey and Swiss Sandwich Lettuce/Tomato Sliced Cucumbers Applesauce Cup</p>
<p>Tuna Noodle Casserole Lima Beans Veggie Blend Fruit Cup</p>	<p>Turkey Burger w/Provolone Cheese Lettuce/Tomato/Onion Cucumbers Fruit Cup</p>	<p>BBQ Chicken Legs Mac & Cheese Corn Peach Cobbler</p>	<p>Sausage Jambalaya Carrots Dinner Roll Fruit Cup</p>	<p>Chicken Salad over Lettuce, Cherry Tomatoes Carrot Salad Fruit</p>
<p>Corn Dog Broccoli and Cheese Buttered Carrots Fresh Fruit</p>	<p>Veggie Burger w/ Cheese Red Roasted Potatoes Fruit Cup</p>	<p>Slow Cooked Pot Roast with Onions & Peppers Tossed Salad Whole Wheat Crackers Fruit Cup</p>	<p>Baja Fish Tacos w/ Cabbage & Tomatoes Ranch Cup Orange</p>	<p>Chicken Fettuccini Buttered Peas Carrots Fruit Juice</p>
<p>BBQ Pulled Pork Sandwich Mac & Cheese Green Beans Fruit Cup</p>	<p>Broccoli and Cheddar Quiche Red Roasted Potatoes Fruit Juice</p>	<p>Fish Sandwich Baby Bakers Potatoes Veggie Blend Yogurt Cup Fruit Cup</p>	<p>Blueberry Waffle Sausage Sweet Potatoes Fruit Cup</p>	<p>Loaded Potato Soup with Ham and Carrots Tossed Salad Corn Muffin Fruit Cup</p>
 <p>CHEF'S CHOICE</p>	<p>All meals include two servings of grains, butter and a carton of whole milk. Ingredient information available at: www.lcap.org/menu</p> <p>Menu is always subject to change - based on product availability.</p>			



Please call the office by 4pm the day before to cancel a meal - 740-345-0821 Ext. 1218