

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

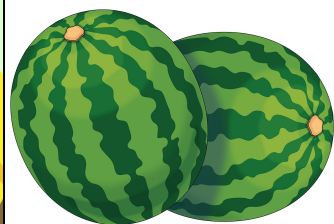


August 2024

Heritage Hall Senior Center Activities.
Please call (740) 345-0821 to reserve seats at events.



					1 10:00 a.m. PRIZE Bingo 11:30 a.m. Alzheimer's Support Group 11:30 a.m. Entertainment: Gene Perrine 1:00 p.m. Beginner Tap Dance	2 10:00 a.m. New Client Day 11:30 a.m. Entertainment: Chuck Williams 12:00 p.m. Cake Day! Celebrating August Birthdays! 1:00 p.m. Cardio Drumming	3
4 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise	5 9:00 a.m. Breakfast Club at Denny's (158/70) 10:00 a.m. PRIZE Bingo 1:00 p.m. Cardio Drumming	6 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise	7 10:00 a.m. PRIZE Bingo 1:00 p.m. Beginner's Tap Dance	8 10:00 a.m. PRIZE Bingo 1:00 p.m. Beginner's Tap Dance	9 1:00 p.m. Cardio Drumming	10	
11 9:00 a.m. Coffee Klatch at Newark Station 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise	12 10:00 a.m. PRIZE Bingo 1:00 p.m. Cardio Drumming	13 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Licking County Library techsperts "Get More from your Amazon Fire" 1:00 p.m. Chair Exercise	14 10:00 a.m. PRIZE Bingo 1:00 p.m. Beginner's Tap Dance 2:30 p.m. Art: Summer Watercolor Painting	15 1:00 p.m. Cardio Drumming 2:00 p.m. Murder Mystery	16	17	
18 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise	19 11:00 a.m. Lunch Club at Shades in Heath 10:00 a.m. PRIZE Bingo 1:00 p.m. Cardio Drumming	20 9:00 a.m. Newsletter Day 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise	21 10:00 a.m. PRIZE Bingo 1:00 p.m. Beginner's Tap Dance 2:30 p.m. Sunflower Craft	22 1:00 p.m. Cardio Drumming 2:00 p.m. Dawes Arboretum - Daweswood House Museum	23	24	
25 10:00 a.m. LCAP Book Club 12:30 p.m. Chair Yoga 1:00 p.m. Chair Exercise	26 10:00 a.m. PRIZE Bingo 1:00 p.m. Cardio Drumming 2:00 p.m. Low Vision Support Group 2:00 p.m. Legends of Gardening - Planting Terrariums at 3rd Street	27 9:00 a.m. Commodity Food Box 9:00 a.m. Fishing at Dawes Arboretum 10:00 a.m. Tai Chi for Arthritis 1:00 p.m. Chair Exercise	28 10:00 a.m. PRIZE Bingo 1:00 p.m. Beginner's Tap Dance 2:30 p.m. Art: Gouache Painting	29 1:00 p.m. Cardio Drumming 2:00 p.m. Bowling at Park Lanes	30	31	



Licking County Aging Partners Heritage Hall - All activities are subject to change due to unpredictable circumstances.