


AUGUST 2024 - REGULAR MENU



**Please call the office by 4pm the day before to cancel a meal.
740-345-0821 Ext. 1218**

| | | | THURSDAY | FRIDAY |
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| | | | 1 Country Fried Steak Au-gratin Potatoes Brussell Sprouts Fig bar & Fruit Cup | 2 Cheese Stuffed Shells Buttered Peas with Mushrooms Fresh Fruit |
| MONDAY | TUESDAY | WEDNESDAY | | |
| 5 Bourbon Glazed Chicken Mashed Potatoes Steamed Broccoli Fruit Cup | 6 Sweet Potato Fish Brown Rice Buttered Lima Beans Fruit Cup | 7 Mac & Cheese with Ham Butter Beans Carrots Fresh Fruit | 8 Southwest Turkey & Rice Casserole Street Corn Fruit Cup | 9 Chili Corn Bread Muffin Tossed Salad Fruit Cup |
| 12 BBQ Rib Patty w/Onions and Pickles Baby Bakers Fruit Cup | 13 Sausage, Egg, and Cheese Croisant Potatoes O'brien Yogurt Cup | 14 Chicken & Dumpling Steamed Broccoli Tossed Salad Fruit Cup | 15 Stuffed Pepper Casserole (w/ground beef rice, tomatoes, onions) Fresh Fruit Cookie | 16 Pesto Torellini Pasta w/Pepperoni and Cheese Dinner Roll Bananan |
| 19 Salisbury Steak w/gravy Mashed Potatoes Lima Beans Fruit Cup | 20 Creamed Chicken Sandwich Buttered Corn Green Beans Fruit Cup | 21 Oven Roasted Salmon Brown Rice Hush Puppies Coleslaw Fresh Fuit | 22 Cheese Burger Lettuce, Tomato, Onion French Fries Dill Pickle Spear Fruit Cup | 23 Ham and Bean Soup Corn Bread Muffin Tossed Salad Fruit Cup |
| 26  CHEF'S CHOICE | 27 Country Fried Steak w/Gravy Mashed Potatoes Brussell Sprouts Cookie Fruit Cup | 28 Chicken Parmesan California Veggies Tossed Salad Fresh Fruit | 29 Turkey Tetrzzini Buttered Corn Green Beans Fruit Cup | 30 Bologna & Cheese Sandwich Tossed Salad w/ tomatoes cucumbers Fruit Cocktail |

All meals include two servings of grains, butter & a carton of whole milk. Ingredient information available at: www.lcap.org/menu

****Menu is always subject to change based on product availability****