


JULY 2022

ORDER FORM

*Please call by 4pm
the day before to
cancel a meal:
740-345-0821 - Ext.3



**All menus are subject to change,
based on product availability.**

ALTERNATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	ALTERNATE	FRIDAY
					Cottage Cheese with Peaches Italian Pasta Salad Crackers	All Beef Hot Dog w/ Coney Sauce Baby Baker Potatoes Baked Beans Fresh Fruit ALTERNATE
Salmon Burger Lettuce / Tomato Tri Colored Potatoes Fresh Fruit	LCAP CLOSED 	Turkey Meatballs over Brown Rice Buttered Peas Squash Coins Fruit Cup ALTERNATE	Turkey & Cheese Sliders Baby Baker Potatoes Corn Fresh Fruit ALTERNATE	Bacon Cheeseburger w/ Swiss Cheese French Fries Grape tomatoes Fruit Cup ALTERNATE	Chef Salad with Grilled Chicken Hard Boiled Egg Tomatoes & Cucumbers Fruit Juice ALTERNATE	
Chef Salad with Ham & Turkey Hard Boiled Egg Tomatoes & Cucumbers Fruit Juice	Country Fried Steak Au Gratin Potatoes Brussel Sprouts Fig Bar Fruit Cup ALTERNATE	Italian Baked Turkey Pasta Steamed Broccoli Fruit Cup ALTERNATE	Salisbury Steak Mashed Potatoes Sunshine Carrots Fresh Fruit ALTERNATE	Cheese Stuffed Shells Tomato-Basil Sauce Peas & Mushrooms Fruit Cup ALTERNATE	Tarragon Chicken Salad w/ Cranberries & Celery Tossed Salad Mandarin Oranges Cookies ALTERNATE	
Sweet Potato Noodles with Chicken and Asian Vegetables Fresh Pineapple	Ham, Egg & Cheese on a Croissant Potatoes O'Brien Fresh Fruit ALTERNATE	Tilapia Fillet Baby Baker Potatoes Parmesan Broccoli Fruit Cup ALTERNATE	Chicken Fettuccini Buttered Peas Carrots Fruit Juice ALTERNATE	Corned Beef Stew w/ Potatoes & Celery Coleslaw Fruit Cup ALTERNATE	Ham & Turkey Club Wrap w/ Bacon & Swiss Cheese Lettuce/Tomato/Onion Fresh Fruit ALTERNATE	
Mini Corn Dogs Broccoli & Cheese Carrots Fruit Cup	CHEF'S  CHOICE ALTERNATE	Chicken Scampi (Pasta) California Blend Veggies Carrot Sticks w/ Ranch Cookies ALTERNATE	Chipped Beef Gravy over Biscuits Buttered Peas Carrots Banana ALTERNATE	Fish Sandwich Baby Baker Potatoes Veggie Blend Fruit Yogurt ALTERNATE	Ham & Cheese Pita Lettuce / Peppers / Onion Cottage Cheese Pineapple ALTERNATE	

****Please CIRCLE the word ALTERNATE for each day you would like to receive that week's alternate meal****

Please return your completed order form to your driver by June 7, keep the yellow copy for yourself

** All meals include two servings of grains, butter and a carton of whole milk - Ingredient information available at www.lcap.org/menu **