Satellite Office Open in Pataskala

Licking County is one of the largest counties in Ohio with 687 square miles and over 178,000 people. With so much ground to cover, LCAP is excited to open a satellite office in Pataskala. We have space at the West Licking County Family YMCA and, beginning in January, our social services staff will be available to clients on the second and fourth Wednesday of each month.

Our social services staff is a great connection to many resources in the community and state. They can help complete applications for program assistance, such as HEAP (Home Energy Assistance Program), Extra Help Program (Medicare program that helps those with limited income and resources pay for their prescriptions), and Medicaid Programs. New enrollees to Medicare can receive assistance with selecting Medi-gap, Advantage, and Part D prescription insurance coverage. To inquire about utilizing our social services staff, call (740) 345-0821 ext. 260. It is our hope to better serve western Licking County and be more accessible to our clients!

The Roaring Twenties Valentine’s Dance Fling

Friday, February 11th, 11:00 - 1:00 PM

In the Roaring Twenties, technological advances meant that men and women needed to do less hard labor daily. People were buying fridges, cars, and radios on credit. The economy was booming, and society loosened up. This was “The Great Gatsby” era, where hot jazz, Flapper fashion, and a dance called The Shimmy were taking the world by storm. Join us as we take a step back in time for an early Valentine’s Day Fling. Expect to have a tasty lunch with lively music to get you on your feet!

Ticket sales begin
Tuesday, January 11th at 9:00 AM
Welcome

Visit our website: www.lcap.org

Join us on social media:
- Facebook: Licking County Aging Program
- Twitter: @agingprogram
- Instagram: lcap_lickingcounty
- YouTube: Licking County Aging Program

Join our email list:
- Constant Contact

Visit our website at www.lcap.org and sign up to receive your newsletter along with important updates from us through email.

Our funding partners:
- Senior Levy Fund
- Central Ohio Area Agency on Aging
- Licking County Developmental Disabilities
- United Way

Contact Us
- Telephone: (740) 345-0821
- Email Address: lcap@lcap.org
- Street Address: 1058 E. Main St. Newark, OH 43055
- Office and Business Hours: Monday thru Friday 8:00 AM to 5:00 PM

Heritage Times is a bi-monthly publication of the Licking County Aging Program. Please contact LCAP to subscribe, unsubscribe or with an address change. Next edition will be mailed during the last week of February covering March and April of 2022.

Our Mission Statement:
To improve the quality of life for Licking County senior citizens by contributing to their independence and healthy lifestyles.

LCAP Staff Directory:

Administration:
Executive Director ............................................................... Melissa Owens
Client Services Director .............................................................. April Sharp
Human Resources Director ............................................................. Shari O’Neill
Operations Director ................................................................. Mark Dinsdale
Community Engagement Director ........................................... Jessie Jordan
Management Associate ........................................................... Devan Tucker

Board of Directors:
President ................................................................................... Tony Adams
Vice President ........................................................................... Olivia Biggs
Secretary ...................................................................................... Erin Kelly
Treasurer ................................................................................... Kelly Wilson
Past President ............................................................................ Candy Wade

Members: Dr. Craig Cairns, Erin Curtis, Todd Dodderer, Brad Feightner, Jr., Rusty Foley, Connie Hogue, David Martin, Dana Moore, Lacie Priest, Tom Scono, Rob Springer, Bethany Stickradt, Bart Weiler, David Wigginton, and Jane Woodland.

Board meets at NOON on the THIRD MONDAY of each month.
How many people and vehicles does it take to deliver LCAP services? We find that the community is still surprised at the number of employees, vehicles, and volunteers that it takes to provide all that we do to Licking County. In 2021, LCAP employed an average of 89 employees – 59 full-time and 30 part-time or back up.

Many of our staff are in or at the home of our clients and not in the building much. Meal delivery drivers, medical drivers, chore workers, homemakers and personal care aides – roughly 53 staff – are all involved in direct-care and have tablets that they take with them to provide the information they need. Some of our staff – such as our case managers and social services case managers – are in and out of the office throughout the day. They arrange appointments with clients, help connect resources and set up services, but also make home visits on a regular basis. The remaining staff are at Heritage Hall at all times. LCAP has employees to prepare food, keep the facility maintained, handle client requests and service cancelations, run the Adult Day Center, CVI, and plan activities and events.

Our leadership team work to make sure employees are safe, goals are being met, and documentation is accurate for reporting and auditing to our regulating agencies – such as the Licking County Senior Levy Board, Central Ohio Area Agency on Aging, and the Ohio Department of Transportation. All of these operations are overseen by a volunteer board of directors, who inspect finances, update and approve policies, and help keep the organization transparent to those it supports.

With so many services to provide to older adults in our community, it surely does take an accomplished team. It is our hope that you see how many caring and dedicated employees are behind the scenes making sure your meal is hot, your service is timely, and your problems are solved. Thank you for allowing us to serve you.

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.”

- Margaret Mead
LCAP is gearing up to celebrate our 50th anniversary next year, and we think it is important to review our history with our clients and supporters. Staff receive a lot of questions about our organization and how it operates. Make sure you read each edition of the Heritage Times as we share our story with you over the next year.

Change in the 1990s

Licking County Aging Program (LCAP) got off to a rocky start to the 1990’s. The Title XX funds, which were heavily relied upon, suddenly were reduced by $70,000 in 1990. This forced LCAP to scale down both staff and operations. Adding to this stress, Executive Director Mary Manning resigned and was replaced by Jo Ann Wiblin.

After suffering Title XX cutbacks, the agency teamed up with other senior citizen organizations to place a 0.7 million dollar levy on the ballot specifically to fund Senior Citizens Services and Facilities. The community passed this levy by a 65% favorable vote. As a result of this levy, LCAP was granted $685,000 for operating cost for 1992.

Undeterred, LCAP’s board remained focused on the needs of the community and determined that housing was a priority need for senior citizens in Licking County. Therefore, in 1993, LCAP applied for HUD funds, which would be for two low-income housing projects for the elderly one in Pataskala and one in Utica. Board members were instrumental in locating property and negotiating prices for land options. The community would see the results of this project in 1995 when Oak Hill Manor was opened in Utica.

The next two years would bring both technology and community celebration to LCAP. In 1996, LCAP received its first computerized statistics program (National Aging Program Information System) from the Ohio Department of Aging. This helped tremendously in pinpointing community needs and ways that LCAP could meet those needs. In 1997, LCAP celebrated 25 years in operation. The celebration, labeled "25 Years of Caring," was a successful party that became a legendary tradition - our annual Ice Cream Social.

In 1999, after a four-year fundraising process for the agency, LCAP purchased its first Blue Bird 47- passenger bus for trips. Due to the senior levy's continued success and support from the community, in 1999 it was determined that the levy would only be voted on every 5 years, instead of three.
Flings are back!

We know you have missed our spectacular flings, and while we still need to limit attendance for a while, we hope you will consider joining us for one of these special events. Attendance will be limited to the first 150 registrants for each event.

Super Bowl Fling

*Friday, January 21st, 11:00 - 1:00 PM*

Be prepared to prove your team has the most passionate fans, and come dressed to represent your favorite NFL team! Let’s get wound up as we do an early tailgate for the Super Bowl LVI. We’ll enjoy a tasty tailgate-themed lunch alongside some energetic music.

*Tickets are on sale now. $1 per ticket.*

The Roaring Twenties

Valentine's Dance Fling

*Friday, February 11th, 11:00 - 1:00 PM*

Let’s take a step back in time as we celebrate this Valentine's Day with a Roaring Twenties dance theme. Lunch and live music will be provided. Whether you want to get dolled up for a lunch date and dance or simply sit back and imagine the Gilded Age, this will be an event you don’t want to miss.

*Ticket sales begin Tuesday, January 11th at 9:00 AM.*

*$2 per ticket.*

Commodity Food Boxes

<table>
<thead>
<tr>
<th>JANUARY distribution will be on Wednesday, January 26th</th>
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<tbody>
<tr>
<td>FEBRUARY distribution will be on Wednesday, February 23rd</td>
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For more information on receiving a box, please call (740) 345-0821.

Next Holiday Closings:

- Martin Luther King, Jr. Day ........ January 17th
- Presidents' Day ...................... February 21st

Next Newsletter Day:

Wednesday, February 16th
FITNESS
Chair Exercise
Mondays, 1:00 - 2:00 PM
Wednesdays, 1:00 - 2:00 PM

DISCUSSIONS
How to Get the Most out of Traveling
Wednesday, January 5th, 10:00 - 11:00 AM

Global Positive News: Resolutions
Wednesday, January 12th, 10:00 - 10:30 AM

Global Positive News: Random Act of Kindness Day
Wednesday, February 9th, 10:00 - 10:30 AM

Pets Make Us Happy with LCHS Pets
Monday, February 28th, 10:00 - 11:00 AM

EDUCATION
Nutrition Nuggets with Michelle Duffy, OSU Extension Office
Friday, January 14th, 11:30 - 12:30 PM

Medicare for Beginners
Thursday, January 20th, 6:00 - 7:30 PM

Self-Care & Self-Care Bingo with Penny Sitler, MHA of Licking County
Wednesday, January 26th, 10:00 - 11:00 AM

Healthy Eating for Seniors with Shari Gallup, OSU Extension Office
Friday, January 28th, 10:00 - 11:30 AM

Nutrition Nuggets with Michelle Duffy, OSU Extension Office
Friday, February 11th, 11:30 - 12:30 PM

Heart Health & Activity with Mallory Grieb, RN, LMHS Heart Center
Tuesday, February 15th, 1:00 - 2:00 PM

Smart Phone Help Desk (iPhone)
Thursday, February 17th, 10:30 - 11:30 AM

Smart Phone Help Desk (Android)
Thursday, February 17th, 12:30 - 1:30 PM

EVENT REGISTRATION
All our events require a head count so that we have enough supplies and seats for you!
Please call our Front Desk to register at (740) 345-0821.

EDUCATION (Cont.)
Medicare for Beginners - West Licking County Family YMCA, 355 W. Broad Street
Thursday, February 17th, 6:00 - 7:30 PM

The Blue Zones...The Secret to Longevity with Shari Gallup, OSU Extension Office
Wednesday, February 23rd, 10:00 - 11:30 AM

Nutrition Nuggets with Michelle Duffy, OSU Extension Office
Friday, March 11th, 11:30 - 12:30 PM

BREAKFAST CLUB
Tee Jaye’s Country Place
Tuesday, January 4th, 9:00 - 11:00 AM
1195 N. 21st Street, Newark

Bob Evans
Tuesday, February 1st, 9:00 - 11:00 AM
1001 Cherry Valley Road SE, Newark

Big Apple Cafe
Tuesday, March 1st, 9:00 - 11:00 AM
1283 Log Pond Drive, Newark

MOVIE MATINEE
A Walk to Remember
Friday, January 7th, 1:00 - 3:30 PM

The Greatest Showman
Wednesday, January 26th, 1:00 - 3:30 PM

Groundhog Day
Wednesday, February 2nd, 1:00 - 3:30 PM

The Great Gatsby
Wednesday, February 9th, 1:00 - 3:30 PM

The Notebook
Thursday, February 24th, 1:00 - 3:30 PM
LUNCH AND A SHOW

Gene Perrine
Thursday, January 6th, 11:30 - 12:30 PM
Thursday, February 3rd, 11:30 - 12:30 PM
Thursday, March 3rd, 11:30 - 12:30 PM

GAMES

Bingo
Tuesdays & Thursdays, 10:00 - 11:30 AM

Tenzi Dice Game
Friday, January 7th, 10:00 - 11:30 AM

Jeopardy
Friday, January 14th, 10:00 - 11:30 AM

Pictionary
Wednesday, January 19th, 10:00 - 11:30 AM

Wii Bowling
Friday, January 28th, 2:00 - 3:30 PM

Jeopardy
Friday, February 4th, 10:00 - 11:30 AM

Pictionary
Monday, February 7th, 10:00 - 11:30 AM

Wii Bowling
Friday, February 18th, 10:00 - 11:30 AM

ART & CRAFTS

Wooden Birthday Wall Hanging
Tuesday, January 4th, 2:00 - 3:30 PM

Tea Cup Fairy Garden
Friday, January 14th, 1:00 - 3:00 PM

Mason Jar Snowman
Thursday, January 27th, 1:30 - 3:30 PM

Pinecone Bird Feeder
Tuesday, February 8th, 1:00 - 2:00 PM

Valentine’s Button Craft
Monday, February 14th, 10:00 - 11:30 AM

Flow Painting
Friday, February 25th, 10:00 - 11:30 AM

VIRTUAL EVENTS

Through our continued partnership with the Licking County Library, you can register for interactive and lively virtual activities. These virtual activities tend to be about local history, broadening your mind, personal safety, and technology. If this variety of topics would be interesting to you, please register for the Empowered Minds Events with the Licking County Library by calling (740) 349-5500 or by checking out their whole list of offerings at https://lickingcountylibrary.evanced.info/signup/calendar

We are pleased to offer these events to Licking County residents age 60 and older. We are always excited to share our activities and events on our social media, website and promotional materials. A photo of you may be used on one or more of these platforms.
**ALZHEIMER’S CAREGIVER SUPPORT GROUP**

The Alzheimer’s Association has partnered with LCAP to provide a Caregiver Support Group at Heritage Hall. Alzheimer’s Association support groups are conducted by trained facilitators, and are a safe place for people living with dementia and their care partners to:

- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

We will be providing lunch for you and your loved one, as well as an engaging activity for your loved one while you meet privately with the support group. Please give us a call to RSVP for the following dates. We look forward to having you join us!

- **Thursday, January 6th, 11:30 - 2:00 PM**
- **Thursday, February 3rd, 11:30 - 2:00 PM**
- **Thursday, March 3rd, 11:30 - 2:00 PM**

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**CVI SPAGHETTI DINNER**

When the Center for Visual Improvement (CVI) was an independent non-profit, the local Lion’s Clubs and the Denison University Delta Gammas would host an annual Spaghetti Dinner to raise funds and awareness for their mission. Now that CVI is a service of LCAP, we would like to honor that history and continue the tradition. **Save the date for March 22nd, 2022 and stay tuned for more details about the event!**

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In 2021, Alzheimer’s and other dementias will cost the nation **$355 BILLION**. By 2050, these costs could rise as high as **$1.1 TRILLION**.

More than **11 MILLION** Americans provide unpaid care for people with Alzheimer’s or other dementias.

In 2020, these caregivers provided an estimated **15.3 BILLION** hours of care valued at nearly **$257 BILLION**.
Clubs & Organizations

Clubs that meet at Heritage Hall are not affiliated with the Licking County Aging Program. Please stop by Heritage Hall during their meeting times to learn more about them.

**ART**
Beginning Art Lessons
Fridays, 1:00 - 4:00 PM. $10 per class.
Call Dee Hall at (740) 323-5940

**CARDS & GAMES**
High Rollers *(Dice game)*
Monday - Friday, 1:00 - 3:00 PM

Monday Hand & Foot Canasta
Mondays, 1:00 - 4:00 PM

Sunrise Senior Euchre Club
Tuesdays, 1:00 - 4:00 PM

Mah Jong
Tuesdays, 1:00 - 4:00 PM

Tuesday Duplicate Bridge
Tuesdays, 12:30 - 4:30 PM

Thursday Euchre Club
Thursdays, 12:30 - 3:30 PM

Double Pinochle
Fridays, 12:30 - 4:00 PM

**CLUBS**
Silver Club
Thursdays, 8:00 - 12:00 PM

**COMPUTERS**
Licking County Computer Society (LCCS)
LCCS Resource Center, 123 S 3rd Street, Newark.
Offering numerous help sessions and classes for your computer, tablet, and smartphone. For more information, call (740) 348-5978.

**DANCE**
Motley Dance Lessons *(by Motley Dance Club)*
Thursdays, 1:00 - 4:00 PM
Contact Everett at (740) 366-5683 for more information.

**ORGANIZATIONS**
NARFE *(National Active & Retired Federal Employees)*
Second Tuesday, 10:00 - 12:00 PM

SERS/PERS *(School Employee Retirees System/Public Employee Retirees System)*
Third Thursday, March through November, 10:00 - 12:00 PM

**SEWING**
Sewing Club
Wednesdays, 9:00 - 12:00 PM

**SPORTS**
Chair Volleyball
Mondays and Wednesdays, 9:30 - 11:30 AM
Fridays, 1:00 - 3:00 PM
New members welcome.
Suggested donation $1/month.

Table Tennis
Mondays and Tuesdays, 2:30 - 4:30 PM
New members welcome.

**EDUCATION**
BEGINNER WRITERS GROUP: The Write Stuff
First and third Friday of every month, 1:00 - 2:00 PM

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Bad Weather?

When the weather outside is frightful, LCAP utilizes a variety of ways to alert clients and volunteers about service cancellations and closures. If there are severe weather conditions, check out these resources to find out about LCAP services:

- Tune into a local radio station: **100.3-FM T-100, 1430-AM WCLT, 101.7-FM WNKO, 790-AM WHTH**
- Turn your TV to: **WCMH, NBC4**
- Check out our Facebook page
Bad Weather Procedures

Winter in Ohio is always a challenge, as it is unpredictable. LCAP will always strive to keep clients and staff safe during adverse weather conditions. We will follow the following practices with each snow level emergency in the county. In November, all Meals on Wheels clients received a 5-pack of shelf stable meals in case we have to cancel services for snow. Please keep these meals for an emergency. LCAP will do its best to make a quick decision about services when there is bad weather and alert you.

<table>
<thead>
<tr>
<th>Level</th>
<th>Level Description</th>
<th>LCAP Response</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>01</strong></td>
<td>Roadways are hazardous with blowing and drifting snow. Roads may also be icy. Motorists are urged to drive very cautiously.</td>
<td>Services will be offered, but caution will be taken with clients who have treacherous driveways or unsafe roads leading to homes.</td>
</tr>
<tr>
<td><strong>02</strong></td>
<td>Roadways are hazardous with blowing and drifting snow. Roads may also be very icy. Only those who feel it is necessary to drive should be out on the roads. Motorists should use extreme caution.</td>
<td>Limited services offered based on client location and conditions of road. Directors will make cancelation decision based on client needs and relay that to staff. Decision regarding meal service will be made by 6:00 a.m.</td>
</tr>
<tr>
<td><strong>03</strong></td>
<td>All roadways are closed to non-emergency personnel. No one should be driving during these conditions unless it is absolutely necessary to travel or a personal emergency exists.</td>
<td>All services canceled.</td>
</tr>
</tbody>
</table>
Who Is CVI?

The Center for Visual Improvement (CVI) has been a Licking County Aging Program service for a whole year! When CVI came to LCAP, it had been a freestanding non-profit for over 40 years, with a long history of caring individuals attending to the vision needs of Licking County. Last January 2021, it was our pleasure to welcome the seasoned employees, Cheryl and Fred Lentz, to our team.

These individuals had eleven years of experience facilitating CVI eye care appointments for residents of Licking County who need financial assistance. Their passion for being a resource to individuals in need made it easy to jump right in and successfully integrate the program to be a thriving and growing service of LCAP throughout the first year. They have now retired and we are blessed and proud that they chose LCAP to carry forth their mission serving the vision needs of our community.

Our Vision Services staff will help arrange appointments for basic eye care exams and prescription eyeglasses for qualifying individuals. We have connections with local eye care providers across Licking County to serve our clients better, and help cover the high costs of essential eye care and glasses. For those whose visual impairment is complex or advanced, and glasses alone don’t provide independence, we fit individuals with low vision aids and technology. We will:

- Assess client needs
- Consult about the best devices and these costs
- Potentially install devices for individuals
- Train clients and loved ones on how to use the device

In the past year, we have taken care of more than 250 clients of all ages by helping them receive essential eye care, and consulted with over 60 individuals on low vision aids they can utilize. We are prepared and excited to welcome many new CVI clients of all ages from the cradle to the grave in 2022 and make the forerunners of CVI proud.

If you or a loved one of any age requires eye exams or visual aids, visit www.lcap.org or contact the Center for Visual Improvement at (740) 345-0821, ext. 244.
Employee Spotlight

Trina Looney - Activities Assistant

Trina began her career at LCAP in 2000 in the kitchen. In 2001, Trina left LCAP for a short time and returned, in the same year, working with clients at the Reese Adult Day Center, known today as Heritage Hall Adult Day Center. We are inspired by Trina’s caring interaction with the ADC clients and her passion to help others.

How do you define success?
"It is being happy to go to work and loving what you do for others and yourself."

What do you like most about LCAP?
"Seniors have a place to get together and be active."

Irene Veatch - LPN Case Manager

Irene joined LCAP in 2013 as an LPN Case Manager. Irene's favorite part about working at LCAP is working with Licking County seniors. We are so grateful to have someone like Irene, who has developed her work ethic through her mother's influences.

How do you define success?
"Set an achievable goal for yourself. Work hard to achieve it but do not forget to smile, laugh, and have fun doing it. Tell yourself - I got this, I can do it."

What advice do you have for prospective LCAP candidates?
"If you love trying to help seniors maintain their dignity by assisting them with tasks that they are no longer able to do or giving them the necessary resources to utilize for socialization, then this is what LCAP offers."

Thank You, Staff

Written by Shari O'Neill, HR Director

LCAP has seen a lot of “firsts” in the past 20 months. With experiencing our first pandemic, I think we can all agree that our employees weathered the storm well. I would like to take this opportunity to thank all of our LCAP employees, who continue to be the reason LCAP is so successful, even during difficult times. We have received so many messages of thanks from our clients, sending their appreciation for our team, and it reminds us why our jobs are so important.

LCAP, along with other employers all over the country, has faced challenges when it comes to hiring new employees. We have some long-time employees that moved on or retired during the pandemic, and we have refilled those positions with capable people to help continue the mission of LCAP. We have new faces in many departments and are happy we will soon be adding more. The world is forever changed, but we are pleased to be back to a “new normal” around the building.
Did you know about 2-1-1?

Licking County Aging Program certainly has a wide variety of resources and support for seniors in the community. However, no matter how much we expand, we can’t quite do it all. Frequently when someone calls us for assistance with a project that we can’t solve ourselves, we refer them to the Pathways of Central Ohio 2-1-1 phone line. 2-1-1 is a simple, easy-to-remember number to connect you to all the help and information you need in Knox, Licking, Marion, Morgan, Muskingum, Perry, Pickaway and Washington counties.

Just like 9-1-1 eliminated the need to remember the number to call the fire and police, 2-1-1 is the number to dial when you want to be connected to a wide variety of social, human, and governmental services. Here is a list of some of the things 2-1-1 can help you with:

- Food, shelter and housing
- Financial assistance with mortgage, rent, or utility payments
- Medication assistance & transportation
- Substance abuse
- Mental illness
- Elder services
- Relationships
- Suicide and Depression
- Employment
- Health and dental care
- Legal assistance
- Child and Elder Abuse
- Domestic Violence
- Child Care/Parenting
- Disaster Recovery
- Crisis intervention
- Veteran services
- Volunteer opportunities
- Donations
- And many more!

2-1-1 is a free and confidential referral service staffed by exceptional people, who stay professional, calm, and compassionate as they interact with callers, who may be facing one of the most challenging days of their lives. Last year, 2-1-1 helped more than 32,000 of our neighbors to navigate a complex web of resources and systems, so that they could get the help they needed quickly.

2021 was another difficult year for many people, so LCAP was excited to safely reopen our community center and host events once again. Using the most responsible measures we can put in place, we are proud to have served Licking County residents successfully throughout the year. To kick off the New Year celebrations, we wanted to share some of our favorite highlights from 2021.

If you would like to see more pictures of LCAP activities/events, follow us on Facebook @LCAPOhio - and be sure to share your favorite photos with us there also. We will also have an updated gallery on our website early in 2022!
Fall Memorials
In Memory of Jo Baker by Dennis and Patty Sagar
In Memory of Teresa Ebert by Roberta Penwell

We Give our Thanks!

The following list of individuals went above and beyond in the past two months, helping us serve our clients better:

- Doug Stout from the Licking County Library joined us as the guest speaker for the Veteran’s Honor Luncheon.
- Dave Shoemaker loaned us his extensive military memorabilia collection and his carefully restored Military Jeep.
- The Jerry McClain Companies, for sponsoring our Veteran’s Wall of Honor.
- Park National Bank, for sponsoring the Veteran’s Luncheon entertainment, The Harmonic Barbarians.
- Master Sargent Robert Barnett and the Newark High School AFJROTC for presenting the colors at our Veteran’s Honor Luncheon.
- Columbus Symphony Orchestra and Denison University for donating their musical talent and sending ensembles to entertain us during the holiday season.
- The Lakewood High School Cheer Squad and the Newark High School Volleyball team & Key Club for their service during the Holiday Concert.
- RevLocal, for their company-wide dedication to serve their community through volunteer work and offering their helpful hands to multiple LCAP events.
- Hospice of Central Ohio, for sponsoring the Holiday Concert Fling.
- And to all of our passionate volunteers who are driven by their own giving hearts: we appreciate you!

We hope you enjoy the Heritage Times. The Licking County Aging Program does not endorse any advertiser in the publication, however, we encourage you to support the advertisers who make this publication possible.
RETURN SERVICE REQUESTED

THIS NEW YEAR, I RESOLVE TO:

- Become active with some of LCAP’s Services.
- Check out LCAP’s fun activities in the Newsletter.
- Give LCAP’s Transportation Services a try.
- Find out about LCAP’s Home Services.
- Volunteer at an LCAP activity or event.
- Take time to review www.lcap.org to learn more.