



Heritage Times

Vol. 32 NO. 5 Heritage Hall Senior Center (740) 345-0821 November - December 2020

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www.lcap.org

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Licking County Aging Program



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Licking County Aging Program

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Our Funding Partners

Senior Levy Fund

Licking County, Ohio



VETERANS DAY

A Special Tribute to Licking County Veterans



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Instructions on page 4

VOL. 32 NO. 5

Heritage Times

WEDNESDAY, NOVEMBER 11, 2020

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(740) 345-0821

AMID PANDEMIC, LCAP PREVAILS TO HONOR LICKING COUNTY VETERANS

Annual Veterans Day Honors Program to be held online this year!

In place of this year's Veterans Honors Luncheon, join the Licking County Aging Program virtually for a special message to our veterans as we introduce two locally produced videos.

The program starts at 10 AM on **Wednesday, November 11th**. Join us on Facebook, YouTube or our website. More details are inside on page 5.



WELCOME:



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Holiday Closings:

Veterans Day
Wednesday, Nov. 11th

Thanksgiving
Thursday, Nov. 26th

Christmas Holidays
Thursday, Dec. 24th

Friday, Dec. 25th

New Year's Day
Friday, Jan. 1st

Note:
Next Newsletter Day
Dec. 16th



Contact Us

Telephone:
(740) 345-0821
(800) 452-0097

Email Address:
lcap@lcap.org

Street Address:
1058 E. Main St.
Newark, OH 43055

Our Hours:

Office hours:
Monday thru Friday
8:00 AM to 5:00 PM

Building hours:
Due to COVID - 19 the building is currently closed, but we are still providing services.

Our Mission Statement:

To improve the quality of life for Licking County senior citizens by contributing to their independence and healthy lifestyles.

LCAP Staff Directory:

Administration:

Executive Director Dave Bibler
 Associate Executive Director Marti Fuller / Melissa Owens
 Home Services & ADC Director April Sharp
 Human Resources Director Shari O'Neill
 Food Services Director Alexandra Brown
 Transportation & Facilities Director Mark Dinsdale
 Management Associate Jessie Jordan

Board of Directors:

President Candy Wade
 Vice President Tony Adams
 Secretary Olivia Biggs
 Treasurer Tim Reichert
 Past President Holly Slaughter

Members: H. Daniel Bauer, Erin Curtis, Brad Feightner Jr., Rusty Foley, Erin Kelly, Rob Springer, Bart Weiler, David Wigginton, Kelly Wilson and Jane Woodland.

Board meets at NOON on the THIRD MONDAY of each month.

Heritage Times is a bi-monthly publication of the Licking County Aging Program. Please contact LCAP to subscribe, unsubscribe or with an address change. Next edition will be mailed during the last week of December covering January and February of 2021.

HERITAGE HALL SENIOR CENTER UPDATE:

Continued Patience, Please...

When we had to close our doors in March, no one could have imagined how long the doors of Heritage Hall would have to stay shut. Our clients are what makes Heritage Hall special, and not having the community here brightening up our days feels alien. Your well-being means so much to us, and we can't knowingly endanger you and your friends by opening up the community center just yet. Rather, we have other critical services that we are focusing on during this community health crisis.



As much as we were hoping to reopen quickly once the State of Ohio deemed it possible, we have found the guidelines are too much for our staff to put in place in addition to their other responsibilities. Since June, we have been providing all of our in-home services with Heritage Hall Senior Center and Adult Day Center being the only services to remain closed. We began to implement new guidelines that would allow us to reopen the physical doors, but have found them to be too restrictive at this time.

We completely understand how frustrating this is to hear and know that many of you are eager to return to your exercise class, activities, and socializing. However, when considering the safety of our staff and volunteers, the seniors we serve in their homes, and you, it is just not practical for LCAP to open Heritage Hall for a while longer.

We assure that you will be the first to know when we do decide to reopen. Please continue to monitor our newsletter, website, and social media platforms to stay engaged in our community.

Please reach out to our organization if we can serve you in any way. Whether it be a phone call from a SmileMaker, or an aide assisting with your home needs: our goal is to be there when you need us.

Dave Bibler
Executive Director

Stay Connected with News and Happenings at Heritage Hall!

You can never tell what the weather will be like this winter season, especially in Ohio! However, LCAP will be providing several different ways seniors, staff, and volunteers can stay connected and find out if LCAP has canceled services due to severe weather conditions. You can tune into:

- Radio Stations: 100.3-FM **T-100**, 1430-AM **WCLT**, 101.7-FM **WNKO**, 790-AM **WHTH**
- TV station: **WCMH**, NBC4

VOLUNTEERING:



Volunteer Corner



By Jennifer Wallace, *Senior Activities Coordinator*

COVID may have put a damper on some things this year but it has not stopped the drive and commitment of our volunteers. We have been extremely fortunate to keep in touch and have small groups contribute on several occasions.

Cautiously following Licking County Health Department guidelines, we have been able to bring in those that feel comfortable to assist with some tasks and small events. Although we would love nothing more than to have our rooms filled with all our volunteers, we are working hard to limit interactions and keep everyone safe. We will always put the needs and safety of our seniors first!

I would like to close this message with a quote I came across by Anne Lamott:

“Gratitude is peace.”

During this holiday season may you and your loved ones share in both.

Happy Holidays, friends. See you all again soon!

Can You Help Deliver Meals?

Our Meals on Wheels program is only possible because a fleet of caring drivers work hard each day to deliver nearly 1,000 meals to seniors across the county each day. Every now and then, life happens and our staff need a day off! **Would you be willing to volunteer as a back-up driver?**

We are in need of some kind citizens to be trained as back-up drivers. A typical meal route only takes 3 hours during lunchtime. If you have a reliable vehicle and would be willing to hear more about this opportunity, let us know!



If you are interested in becoming a meal delivery volunteer, call us at (740) 345-0821.

A YEAR IN REVIEW:



Although 2020 was not the year we had planned, we still had some great moments. Thank you to all that made the year great!



EVENTS:

 To register for any of our events please call (740) 345-0821.

Take Charge of Your Diabetes

Monday, Nov. 2nd: 10:00 AM



Join us from your home on Facebook or our website as we recognize National Diabetes Month by showing a pre-recorded program from the OSU Extension Office on taking charge of your diabetes.

Virtual Bingo

Tuesdays & Thursdays Nov. 3rd through Nov. 12th: 10 - 11:00 AM



Join us live on Zoom for your chance to win a game of virtual Bingo! We will send you an electronic bingo card and the link to the game after you have registered. Pre-registration and an email address is required at least one full week before the game is scheduled to begin. Limited space available.

Trail Seekers, Let's Keep Walking

Join us as we walk our way to better health on the many beautiful trails in Licking County. Lace up those hiking boots and grab a water bottle for the road. Should there



be rain, we will instead meet at Massey's Pizza at Indian Mound Mall and continue our walk for the day. Limited spots are available for these hikes.

Wednesday, Nov. 4th: 1:30 PM

Spring Valley / 1539 Columbus Road, Granville OH

Wednesday, Nov. 18th: 1:30 PM

Taft Reserve South / 10383 Fairview Rd, Heath OH

Wednesday, Dec. 2nd: 1:30 PM

Dawes Arboretum/ 7770 Jacksontown Rd, Newark OH

Tuesday, Dec. 15th: 1:30 PM

Everett Park / 170 Everett Avenue, Newark OH

Wednesday, Jan. 6th: 1:30 PM

John Gellar Park / 580 Cynthia Street, Heath OH

Disclaimer:

Understand that during hikes of the Trail Seekers in which I participate certain risks and dangers may arise including but not limited to hiking or traveling in remote areas, animals, forces of nature, accident and illness. Take note some trails may have uneven footing and rough terrain.

The Licking County Aging Program does not undertake and does not have any responsibility for the accuracy of any information it provides or to determine or assure the suitability of any hike driver, vehicle or any other event or activity of the Trail Seekers, in general or as to a particular person.

National Caregivers Month

Monday, Nov. 9th: 10 - 11:00 AM



Join us from your home on Facebook or our website as we share a pre-recorded video from Home Instead in honor of National Caregivers Month. In addition to today's video, see page 10 a special article on caregiving.

Veterans Day Honors: A Special Tribute

Wednesday, Nov. 11th: 10:00 AM



In place of this year's Veterans Honors Luncheon, join us virtually for a special message to our Licking County veterans. We will be sharing the films listed below on our Facebook page and website:



Our first feature film will be *Licking County at Pearl Harbor*, produced by A Company of Heroes. Written by Doug Stout and directed by Brock Hutchison, this film features interviews and historic photographs collected by veterans of all branches of the US Armed Services during the Japanese bombing of Pearl Harbor.



The second film, *Licking County Veterans at D-Day*, produced by Doug Stout, features interviews and historic photographs collected by veterans of all branches of the US Armed Services during the Normandy landing.

As we watch these two films, let us reflect on the enormous price paid by our Licking County Veterans and give thanks to those who have passed and those who remain among us. You can view additional films by Doug Stout on the Licking County Library's YouTube page.

EVENTS:

Mindful Wellness During the Holidays

Wednesday, Nov. 18th: 10:00 AM



Are you feeling stressed, anxious, and sad due to what is happening in our world especially during the holidays? The OSU Wexner Medical Center recommends mindfulness practices to help reduce anxiety, depression, insomnia, and stress. This is a pre-recorded video. Watch for links on our website and Facebook page.

Cook with Us

We are excited to announce the return of our cooking classes with a new spin! Join us as we prepare nutritional meals that won't leave you with guilt throughout your holidays. Our new 3 week series will include healthy choices and those that let you indulge a little while staying health conscious.

You Are What You Eat, so Eat Healthy

Wednesday, Nov. 18th: 2:00 PM



Eating healthy can be enjoyable and fulfilling. Join us to discuss simple ways you can prepare fresh, hearty, well-balanced meals. Since the busy holiday season is coming up, we are preparing easy recipes that can be ready in less than 20 minutes.



Indulge a Little: Add in Those Extras without Adding Extra Inches

Wednesday, Dec. 2nd: 2:00 PM



Indulge (verb); allowing oneself to enjoy the pleasure of food. This holiday we are leaving guilt at the door! Join us as we explore our food palates. We will discuss how to incorporate lean meats, fiber-rich and low-sodium recipes that will satisfy your craving.



Let's Cover Your Sweet Tooth

Wednesday, Dec. 16th: 2:00 PM



Warm apple pie, creamy cheesecake, gooey brownies, glazed baklava, chewy cookies; have I piqued your interest yet? Hopefully so, because during this event we will be discussing mindful creative ways of baking our favorite desserts – and introducing low sugar and carb-balanced choices.



Evening Entertainment with Two By Two

Thursday, Nov. 19th: 6:00 - 7:00 PM



Join us for some of your favorite music from Two by Two. You can find this video on Facebook, YouTube or our website.



Posture Education

Tuesday, Nov. 24th: 10 - 11:00 AM



Good posture benefits all parts of your body - your head, hips, shoulders, arms and even your digestive system. Join us on Facebook, YouTube or our website as we show a pre-recorded program from Juliet Bay with Rehab & Associates on easy exercises to help you practice good posture.



DIY with Dee: Tree of Thanks Craft

Wednesday, Nov. 25th: 1:00 PM



Special guest Shelli Johnson with Bankers Life will be joining Dee for a do-it-yourself, Tree of Thanks. You can find this video on Facebook, YouTube or our website.



Preventative Back Pain Exercises

Tuesday Dec. 1st: 10:00 AM



Join us as Juliet Bay with Rehab and Associates demonstrates a few exercises to help strengthen your back and supporting muscles.

Lighten Up Your Cooking During the Holidays

Wednesday, Dec. 2nd: 10:00 AM



The holidays are here! That means the 2-month long parade of sweet treats, cocktail parties, and comfort food has begun. This workshop is your survival guide to maintaining health and balance through the holiday season!

Driving Safely While Aging

Monday, Dec. 7th: 10:00 AM



For this year's National Older Driver Safety Awareness Week, Deputy Dunlap will be here to help us understand how we can drive safely while aging. This pre-recorded video will be on our Facebook page, YouTube channel and our website.



EVENTS:

ZOOM Craft: *Hydro Dipping Coasters*

Tuesday, Dec. 8th: 1:00PM

zoom

Jen & Shellie with Bankers Life will be showing us how to hydro dip your very own coasters. This simple and easy craft is a cheap way to spruce up your decor. This is a live event on Zoom. We will send you the link to this Zoom conference after you have registered. Registration required by December 1st. Limited space available.



Tuesday's Talk: *Seasonal Affective Disorder*

Tuesday, Dec. 15th: 1:00 PM

f www.kcap.org

As the seasons are changing so can your mood. Need help in understanding why you might be feeling this way? Seasonal Affective Disorder is something that can affect all of us, especially those that are homebound. It is more important than ever to focus on good mental health. Tune in to our Facebook page or website to view this video.



DIY with Dee: *Snow Globe Craft*

Thursday, Dec. 17th: 1:00 PM

f YouTube www.kcap.org

Special guest Shelli Johnson with Bankers Life will be joining Dee for a do-it-yourself snow globe. You can find this video on Facebook, YouTube or our website.



Holiday Music with *Rick and Sue*

Thursday, Dec. 17th: 2:00 - 4:00 PM

f YouTube www.kcap.org

This Holiday Season we will be bringing the entertainment to you! Enjoy Christmas some music from Rick and Sue. You can find this video on Facebook, YouTube or our website.



Monday's Talk: *History of Buckeye Lake*

Monday, Jan. 4th: 2:00 PM

f www.kcap.org

Start your New Year off learning the history on a little gem called Buckeye Lake. Have you ever wondered where the amusement park originated and what happened to it? This short video brought to you by WOSU Public Media will help resolve some of those questions and leave you wanting to know more.



ZOOM Craft: *Valentine's Day Cards*

Tuesday, Jan. 12th: 1:00PM

zoom

Jen & Shellie with Bankers Life will be showing us some great ideas on making your very own Valentine's Day Cards. This is a live event on Zoom. We will send you the link to this Zoom conference after you have registered. Registration required by December 1st. Limited space available.



Commodity Food Boxes

NOVEMBER distribution will be on **Wednesday, Nov. 18th**

DECEMBER distribution will be on **Wednesday, Dec. 23rd**

For more information on receiving a box, please call (740) 345-0821.



STAY CONNECTED:

Connect Confidently: Here's How!

As we continue with the new practice of social distancing, LCAP is working hard to find new and innovative ways to interact with Licking County seniors. The following technology gives you the freedom to view the activity at any time after it becomes available online. You don't have to be at home to watch. As long as you have an internet connection and a device, such as a smartphone, computer or tablet, you can link into our social media pages or website and watch the activity. Here is how you can stay connected:



YouTube is a platform used to host video content and you do not need to have an account to use this site. To find our YouTube page, just open your web browser and enter **www.lcap.org** in the address bar. Simply click on the **YouTube icon at the top right corner** of our web page.



Facebook is a platform used to engage with a network of people who all like the same page. It is also able to host video content. You will need to have an account to use this site. To find our Facebook page just open your web browser and enter **www.lcap.org** in the address bar. Simply click on the **Facebook icon at the top right corner** of our web page.



ZOOM is a platform generally used to host live video conference meetings. ZOOM can be used on many different devices and requires using an APP on some devices. There are no cost or requirements to register as a user. Data rates from your cellular provider may apply while using the services on your device. We will provide a link to the ZOOM conference or video through email, our website and Facebook page, or phone.



Find us at www.lcap.org

We are pleased to offer these events to Licking County residents age 60 and over. We enjoy sharing our activities and events on our website, social media, and promotional materials. A photo or video of you may be used on one or more of these platforms.

SOCIAL SERVICES:

Medicare For Beginners

If you are turning 65 within 90 days, give our Social Services Department a call. Our staff are certified volunteers through OSHIIP and are available to assist seniors age 60+ with Medicare/Medicaid information. We have recorded an informational video that is available on our website that provides the basics of Medicare and the options that are available for either the supplemental insurance, Advantage Plans (HMO's), and prescriptions plans.



The Medicare video is available on our website – you can find it under our Video Gallery or on the Home Services: Social Services tab. The materials mentioned in the video are accessible through the links provided directly above the video on the website or we can mail you a copy of the PowerPoint to use as a guide while viewing the video. After viewing the video, call in to schedule a phone appointment to further discuss the options that best fit your needs! **You can reach our Social Worker, Sam, at 740.345.0821 ext. 243.**

National Caregivers' Month

Do you take care of a loved one? It's very normal these days to take care of an aging parent, help a neighbor who can't get around as easily, or be the primary caretaker for your spouse. Caregivers are the backbone of care provided in people's homes. Although it is rewarding to care for a loved one, it is also exhausting and can put caregivers at increased risk for many negative health consequences.

As you care for your loved one, please remember:

- You are not alone.
- Help is available.
- It is ok to take a break.
- You have to take care of yourself first.



If you are a caregiver and could use some resources or relief, please reach out to Irene Veatch, Case Manager, at (740) 345-0821, ext. 245.

MEDICARE CHECK-UP:

Is Your Health Prepared for 2021?



Medicare enrollees are encouraged to annually review their current drug and health insurance coverage during Medicare's Open Enrollment to ensure that their plan fits their needs and budget for the next year. Medicare's Open Enrollment runs through December 7th with Medicare Check-Up events held throughout the state. Why is this important you might ask? It is important that you know what your current insurance coverage provides and what changes are expected in the next year. You can then compare your current coverage with other plans available to see if they offer better benefits, less expensive premiums and out-of-pocket costs, and most importantly lower your drug costs. Don't be fooled by the television ads or agents trying to sell you a new plan without doing any "homework." You want to make sure your primary care physician, choice of hospitals and all medications are covered in the new plan.

The benefits of participating in a Medicare Check-Up Event . . .

- ✓ Determine if your existing coverage will continue to meet your health insurance needs.
- ✓ Replace your current stand-alone Part D prescription drug plan for increased savings.
- ✓ Replace your current Medicare Advantage Plan (Part C) for one that offers increased health benefits and prescription drug savings.
- ✓ Learn more about changes to Medicare in the upcoming year.
- ✓ Determine if you are eligible for financial assistance programs that can help pay your prescription drug costs and Part B premiums.

The Licking County Aging Program's Social Service Case Managers are certified volunteers through the Ohio Senior Health Insurance Information Program (OSHIIP), a division of the Ohio Department of Insurance.

Due to the pandemic, we will be hosting the Medicare Check-Up Days differently this year.

To participate:

- ✓ Complete the Medicare Check-Up form included in this newsletter.
- ✓ Mail, fax or scan/email the form to the Licking County Aging Program, attention Samantha Fitz-Sayers.
- ✓ Once the completed form is received, Samantha will contact you to schedule a phone interview.

*** If additional space is needed to list your medications, use a blank piece of paper. The form may be copied for additional individuals. One form per person.**

MEDICARE CHECK UP FORM:

First Name: _____ Last Name: _____

DOB: _____ Phone: _____

Address: _____ Zip Code: _____

Are you currently enrolled in Medicare Part A & B? () Yes () No () Not Sure

Effective date for Part A: _____ Effective Date for Part B: _____

Current Insurance Coverage

- () Supplement or Medigap Policy
- () Medicare Advantage Plan (Part C) – HMO or PPO
- () Stand Alone Prescription Plan (Part D)

Name of Advantage (HMO/PPO) Plan: _____

Advantage/HMO Plan Monthly Premium: \$ _____

Part D Prescription Plan Name: _____

Part D Prescription Plan Monthly Premium: \$ _____

Please list your medications including the dosage, the quantity you receive it in, and how often you fill it. You may also request a list of your medications from your pharmacist and attach it to this form.

Please spell and print the medications correctly.

<u>Medication Name</u>	<u>Dosage</u>	<u>Quantity</u>	<u>Filled how often ex: every month or 3 mo.</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Submit your completed form: (1) Mail to: The Licking County Aging Program, 1058 E. Main St. Newark, OH 43055; (2) Fax to: 740-349-8003 or (3) E-Mail to: sfitz@lcap.org.

LCAP SERVICES:

Home-Delivered Meals

Hot, nutritious meals are delivered Monday – Friday to qualifying seniors throughout Licking County. Each delivery is more than a meal – it is also a daily well-being check and a friendly smile.



Transportation

Professional and courteous drivers are available to transport you throughout Licking County and bordering counties. We can take you to non-emergency medical appointments, hospitals, doctors' offices, vision appointment and pharmacies.

Chores

Let our Chore staff assist you with tasks around your home! We would be happy to help rake and bag leaves, clean windows or gutters, or help with some inside chores.

Home Services

We have personal care and homemaking services available to those who are in need and eligible. Our homemakers can assist with light housekeeping and meal preparation, while our personal care aides are able to provide showers and baths and respite service for caregivers.

Social Services

Our case manager can assist you with Medicare, Medicaid, housing issues, and Social Security. They have access to valuable resources to provide assistance!

Smilemakers

Our staff makes friendly calls to seniors Monday – Friday. Each call serves as a well-being check, relieves the feeling of isolation, and provides information about valuable resources.



**Call (740) 345-0821
to find out more
about our services**

COMMUNITY:

Benefits for you and LCAP from your holiday shopping.

The holiday shopping season is upon us and LCAP can benefit from your buying excursions.



Amazon shoppers, you can use the **Amazon Smile** program to benefit the agency. LCAP is a registered recipient of the program that donates a portion of all sales to us. You need to go to **smile.amazon.com** and shop as you always do. The first time you will be asked to designate a recipient of your transaction. Just select the Licking County Aging Program. After that, LCAP will receive .5% of every Amazon Smile transaction that you make.



LCAP can also benefit from all your shopping at Kroger. LCAP is registered with the **Kroger Community Rewards Program**. All you need is a Kroger Plus Card. You will still earn all of your regular rewards and fuel perks. Kroger will donate a portion of your purchase amount to LCAP via a rewards check that comes quarterly. Registration is easy online at:

krogercommunityrewards.com. Click on "Create an Account." Enter your email address, a password and your Kroger Plus card to create your account and to link the card to LCAP's Rewards Account. When prompted, enter LCAP's account number which is **XF433**. With the Kroger account, you can sign up anytime during the year.

Thank you for thinking of LCAP this holiday season and we wish you all a very Happy Holidays!

OSU Study on Dementia Caregivers

Researchers at The Ohio State University need the help of dementia caregivers with a paid study. They are recruiting individuals over the age of 18 that provide informal/unpaid care to a relative or friend who has dementia. The purpose of this study is to develop a self-reported assessment of unmet caregivers needs to help connect caregivers with the services they need

You will be asked to complete questionnaires about your experiences as a caregiver.

These can be completed in your own home by computer or physical copies sent in the mail.

We expect participation should take roughly 1.5 to 2 hours. In appreciation of your time, all participants will be compensated with a \$20 gift card. A subset of participants who complete a shorter follow up survey 6-months after will receive an additional \$10 gift card.

If interested, please call 614-292-9775 or email maps-CaregiverStudy@osu.edu. We look forward to hearing from you!

THANK YOU FOR YOUR KINDNESS:

Shout Outs:

- Bill Weaver for his time spent sharing the history of Flint Ridge and Black Hand Gorge with our seniors during the Trail Seekers Hikes.
- Rick and Sue Hildebrand and our volunteers that helped pass out pet food during our drive-thru Pet Food Distribution Day.
- Amazon for their continued donations for our essential needs boxes that are given to our seniors.
- Linda Wright, Mary Hazlett, Marti Cooper, and Bill and Joyce Merrill for their help assembling the essential needs boxes.
- Chuck Moore and the Food Pantry Network for assisting in the transportation of our Amazon donations.
- Sean McClanahan for being our trusty "Amazon Pickup Driver."
- Middleton Senior Living for sponsoring Newsletter Day.
- Newsletter volunteers for their help in assembling newsletters.
- Special thanks to Deborah Welsh for volunteering to teach our Chronic Pain Self-Management Program workshop.
- All our speakers that are helping to keep our vital programs going by continuing to offer and or assist in virtual activities.
- Special thanks to those that helped us pull off this year's Farmer's Market Produce Box Distribution Day. Without your help, we would not have been able to do it: Young Leaders of Licking County, LifeCare Alliance, Witten Farms and LCAP volunteers.



- ♥ Teresa Ebert by Roberta Penwell
- ♥ Elizabeth Lake by Andy Miller

Donations & Memorials

If you would like to donate to LCAP or specifically one of our many services, please note on your check the service or services you wish to benefit. Some of the services we offer are Meals on Wheels, Home Services, Transportation, Chore Services, Activities, LCAP Foundation, and General. Please indicate if your request is a Memorial or Living Tribute.

Contribute To Our Veteran's Wall of Honor



The Jerry McClain Companies
BUILDING YOUR FUTURE TODAY

If you or a loved one are able to donate or loan artifacts, photos, or articles to Heritage Hall, please contact Dave Martin, Communications Specialist at (740) 345-0821 ext. 233.

We hope you enjoy the *Heritage Times*. The Licking County Aging Program does not endorse any advertiser in the publication, however, we encourage you to support the advertisers who make this publication possible.

Licking County Aging Program
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Newark, OH 43055

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