

MAY

2019 ORDER FORM

Please circle the word "ALTERNATIVE" for each day you would like to receive that week's alternative meal.



nutritional information available upon request

ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			Chicken & Wild Rice Casserole Tomatoes & Zucchini Steamed Cauliflower Saltine Crackers Fresh Orange ALTERNATE	1 Parmesan Cheese Chicken w/ Sauce and Pasta Green Beans Vegetable Blend ALTERNATE	2 Bratwurst on Bun Red Roasted - Potatoes Sauerkraut Vegetable Blend Fig Bar ALTERNATE	3 Ham & Bean Soup Tossed Salad Beets Fruit ALTERNATE
6 Pork Choppete w/ Gravy Mashed Sweet - Potatoes Vegetable Blend Fruit Cup Gingerbread Cookie ALTERNATE	7 Sweet Potato Crusted Fish Edamame Medley Zucchini & Tomatoes Fruit Cup Muffin ALTERNATE	8 Chipped Beef Over Biscuit Peas Sunshine Carrots Banana ALTERNATE	9 Spaghetti Bake Italian Vegetable Succotash ALTERNATE	10 BBQ Chicken Scalloped Potatoes Vegetable Blend Fruit Cup Apple Cookie ALTERNATE	11 Turkey & Cheese On Bun Potato Salad Carrot Salad Apple Sauce Nutty Bar ALTERNATE	
13 Sloppy Joe on Bun Lima Beans Chuckwagon Corn Fruit Juice ALTERNATE	14 Teryaki Chicken Mashed Potatoes Corn Fruit Cup Gingerbread Cookie Muffin ALTERNATE	15 All Beef Hot Dog on Bun Red Roasted - Potatoes Vegetable Blend Fruit Cup ALTERNATE	16 Turkey Tetrezini Buttered Corn Steamed Asparagus Fruit Juice ALTERNATE	17 Scrambled Eggs w/ Sausage Links Hash Brown Onion & Peppers Fresh Orange Blueberry Muffin ALTERNATE	18 Chicken Chef's Salad Three Bean Salad Fruit Gingerbread Cookie Captian's Wafers ALTERNATE	
20 Herbed Chicken Breast Sandwich Glazed Carrots Spinach Bake Fruit Cup ALTERNATE	21 Sweedish Meatballs Over Noodles Green Beans Zucchini & Tomatoes Fruit Cup ALTERNATE	22 Stuffed Peppers Mashed Sweet - Potatoes Hot Maple - Cinnamon Apples ALTERNATE	23 Mac and Cheese w/ Ham Buttered Corn Green Beans ALTERNATE	 ALTERNATE	24 Chicken Salad On Bun Coleslaw Creamed Cucumber Fruit Cup Nutty Bar ALTERNATE	
27 Hot Dog on Bun Glazed Carrots Spinach Bake Fruit Cup ALTERNATE	 LCAP CLOSED	28 BBQ Beef on Bun Hash Brown Vegetable Blend Fruit Cup Nutty Bar ALTERNATE	29 Sweet N' Sour Chicken Over Rice Asian Vegetables Peas ALTERNATE	30 Country Fried Steak Au-Gratin Potatoes Brussel Sprouts Fresh Banana ALTERNATE	31 Ham Salad Carrot Salad Pears Three Bean Salad ALTERNATE	

*all meals include two servings of grains, butter and carton of 2% milk

Please return your completed order form to your driver by April 9, 2019