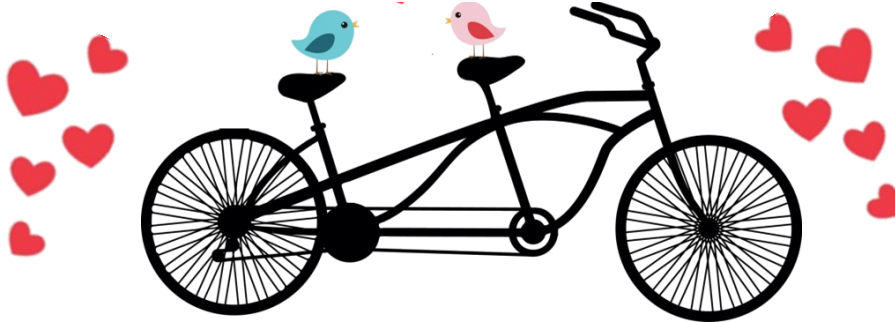



February

2019 ORDER FORM

Please circle the word "ALTERNATIVE" for each day you would like to receive that week's alternative meal.



ALTERNATIVE	FRIDAY
Chicken Breast Noodles Green Beans Buttered Carrots Fruit Cup	1 BBQ Chicken AuGratin Potatoes Creamed Peas Apple Sauce Muffin
	ALTERNATE

ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
Vegetable Beef Soup Beets Apple Sauce Corn Muffin Chocolate Pudding	4 Spaghetti Bake Baked Corn Carrots Fruit Cup ALTERNATE	5 Orange Chicken over Rice Oriental Vegetables Brussel Sprouts Fruit Cup ALTERNATE	6 Meatloaf w/ Gravy Mashed Sweet - Potatoes Creamed Spinach Fresh Orange Muffin ALTERNATE	7 Stuffed Chicken Breast Mashed Potatoes Green Bean Casserole Fruit Cup Apple Cookie ALTERNATE	8 Shepherd's Pie Beet Citrus Salad Cole Slaw Fruit Captain's Wafers ALTERNATE
Sweet Potato Crusted Fish Scalloped Potatoes Steamed Asparagus Fruit Cup Fresh Banana	11 Sloppy Joe on Bun Red Potatoes & Onions Mixed Vegetables Fruit Cup Nutty Bar ALTERNATE	12 French Toast Sausage Patty Hash Brown Hot Apples Banana ALTERNATE	13 Spinach & Cheese Lasagna w/ Meat Sauce Asparagus Vegetable Blend Fruit Cup ALTERNATE	14 Scalloped Potatoes w/ Ham Peas & Carrots Zucchini & Tomatoes Fruit Cup Muffin ALTERNATE	15 Stuffed Pepper - Soup Creamed Cucumbers Three Bean Salad Fruit ALTERNATE
Turkey Burger on Bun Buttered Lima Beans Tomatoes & Zucchini Fresh Orange	18 Happy President's Day LCAP CLOSED	19 Cowboy Baked Beans Roasted Red - Potatoes Vegetable Blend Corn Banana ALTERNATE	20 Cabbage Rolls Parsley Potatoes Apple Cobbler Apple Cookie ALTERNATE	21 Pork Choppettes Loaded Mashed - Potatoes Vegetable Blend Fruit Cup Captian's Wafers ALTERNATE	22 Ham & Lentil Soup Tossed Salad w/ Dressing Beets Peach Corn Muffin ALTERNATE
Creamed Chicken on Bun Buttered Corn Green Bean Casserole Fruit Cup	25 Open Faced Turkey Sandwich Mashed Potatoes Corn Vegetable Blend ALTERNATE	26 BBQ Beef on Bun Baby Potatoes Lima Bean Casserole Fruit Cup Fig Bar ALTERNATE	27  CHEF'S CHOICE ALTERNATE	28 Scrambled Eggs w/ Sausage Links Hash Browns Peach Cobbler Muffin Fresh Orange ALTERNATE	nutritional information available upon request 

*all meals include two servings of grains, butter and carton of 2% milk
 Please return your completed order form to your driver by January 8, 2019