



# 2018 ORDER FORM

Please circle the word "ALTERNATIVE" for each day you would like to receive that week's alternative meal.

ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Scrambled Eggs</b> Hash Brown Baked Apples Blueberry Muffin	1 <b>Stuffed Chicken Breast</b> Mashed Sweet - Potatoes Lima Beans Fruit Cup <b>ALTERNATE</b>	2 <b>Open Faced Roast Beef Sandwich</b> Mashed Potatoes Green Beans w/ Tomatoes Peach Cobbler <b>ALTERNATE</b>	3 <b>Johnny Marzetti Vegetable Blend</b> Hot Apples Nutty Bar <b>ALTERNATE</b>	4 <b>Orange Chicken Over Rice</b> Mixed Vegetables Asparagus <b>ALTERNATE</b>	5 <b>Ham &amp; Bean Soup</b> Tossed Salad Beets Fruit Muffin <b>ALTERNATE</b>
<b>Chicken Breast</b> Noodles Green Beans Buttered Carrots Fruit Cup	8 <b>Chipped Beef Over Biscuit</b> Peas Sunshine Carrots Banana Gingerbread Cookie <b>ALTERNATE</b>	9 <b>BBQ Chicken</b> Scalloped Potatoes Vegetable Blend Fruit Cup Apple Cookie <b>ALTERNATE</b>	10 <b>Ham Loaf w/ Pineapple Sauce</b> Red Roasted Potatoes Brussel Sprouts Fruit Cup Muffin <b>ALTERNATE</b>	11 <b>Salisbury Steak w/ Gravy</b> Mashed Potatoes Green Bean - Casserole Fruit Cup <b>ALTERNATE</b>	12 <b>Chicken Vegetable Soup</b> Macaroni Salad Coleslaw Fruit Saltine Crackers <b>ALTERNATE</b>
<b>Ham and Cheese Sandwich</b> Tomatoe Bisque Beets Applesauce	15 <b>Turkey Beef Pot Pie Over Biscuit</b> Scalloped Potatoes Sunshine Carrots Nutty Bar <b>ALTERNATE</b>	16 <b>Lemon Pepper Chicken</b> Edamame Medley Zucchini & Tomatos Fruit Cup <b>ALTERNATE</b>	17 <b>Red Beans &amp; Rice w/ Ground Beef</b> Creamed Corn Peas & Carrots Fruit Cup <b>ALTERNATE</b>	18 <b>Cheeseburger on Bun</b> Baby Potatoes Vegetable Blend Fruit Cup Fig <b>ALTERNATE</b>	19 <b>Country Fried Steak w/ Gravy</b> Au-Gratin Potatoes Brussel Sprouts Fresh Banana Strawberry Cookie <b>ALTERNATE</b>
<b>Fish Sandwich</b> Roasted Rosemary - Potatoes Baby Lima Beans Fresh Orange	22 <b>Chicken &amp; Gravy</b> Mashed Potatoes Corn Fruit Cup <b>ALTERNATE</b>	23 <b>Cabbage Rolls</b> Corn Lima Beans Strawberry Cookie <b>ALTERNATE</b>	24 <b>Macaroni &amp; Cheese w/ Ham</b> Peas Vegetable Blend Fruit Cup <b>ALTERNATE</b>	25 <b>Scrambled Eggs w/ Sausage Links</b> Hash Brown Blueberry Cobbler Fresh Orange Bagel <b>ALTERNATE</b>	26 <b>Chili Soup</b> Coleslaw Pineapple Cottage Cheese Muffin <b>ALTERNATE</b>
<b>Spaghetti w/ Meatballs</b> Italian Green Beans w/ Tomatoes Parmesan Crusted - Cauliflower	29  <b>CHEF'S CHOICE</b> <b>ALTERNATE</b>	30  <b>STAFF MEETING</b> <b>LCAP CLOSED</b>	31 <b>Stuffed Peppers</b> Mashed Potatoes Hot Maple & Cinnamon Apples <b>ALTERNATE</b>	<i>nutritional information available upon request</i> 	

\*all meals include two servings of grains, butter and carton of 2% milk

Please return your completed order form to your driver by September 10, 2018