



November

2018 ORDER FORM

Please circle the word "ALTERNATIVE" for each day you would like to receive that week's alternative meal.



nutritional information available upon request

ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				ALTERNATIVE Spaghetti w/ Meatballs Italian Green Beans w/ Tomatoes Parmesan Crusted - Cauliflower	THURSDAY 1 Hamburger on Bun Red Roasted - Potatoes Buttered Corn Fresh Banana Cookie ALTERNATE	FRIDAY 2 Cheesey Lasagna Roll Up Mashed Cauliflower Steamed Asparagus Raisins Chocolate Pudding ALTERNATE
Chicken Tenders Mac & Cheese Green Beans Fruit Juice	5 Chicken Breast w/ Gravy Glazed Carrots Lima Beans Fruit Cup Blueberry Muffin ALTERNATE	6 Bratwurst on Bun Green Beans Peppers and Onions Grapes Nutty Bar ALTERNATE	7 Potato Crusted Fish Au Gratin Potatoes Creamed Spinach Fruit Cup ALTERNATE	8 Scrambled Eggs w/ Sausage Link Hash Brown Blueberry Cobbler Mandarin Oranges Apple Muffin ALTERNATE	9 Chicken Quinoa Casserole Tomatoes and Zucchini Creamed Corn Crackers ALTERNATE	
BBQ Pulled Pork Sandwich Lima Beans Tomatoes & Zucchini Fruit Cup Nutty Bar	12  LCAP CLOSED	13 Salisbury Steak w/ Gravy Loaded Mashed Potatoes Brussel Sprouts Carrot Sticks Vanilla Pudding ALTERNATE	14 Chicken Fettuchini Green Beans Sunshine Carrots Raisin ALTERNATE	15 Beef Stew Over Noodles Asparagus Chuckwagon Corn Tropical Fruit Cup ALTERNATE	16 Chili Tossed Salad Three Bean Salad Diced Pears Muffin ALTERNATE	
Tuna Salad Stuffed Tomato Pea Salad Manderine - Oranges Saltine Crackers	19 Creamed Chicken Over Biscuit Baby Lima Beans Cherry Cobbler Pineapple Cup Oatmeal Raisin Cookie ALTERNATE	20 Sloppy Joe on Bun Buttered Peas Scalloped Potatoes Fruit Cup Fruit Yogurt ALTERNATE	21 Sliced Turkey w/ Gravy Mashed Potatoes Green Bean Casserole Fresh Orange Corn Muffin ALTERNATE	 LCAP CLOSED		
Fettuccini Alfredo w/ Chicken Steamed Broccoli Apple Crisp Fruit Cup	26 Chicken Patty on Bun Baby Potatoes Broccoli and Cauliflower w/ Cheese Fresh Apple ALTERNATE	27 Tuna Noodle Casserole Succotah Fruit Cup ALTERNATE	28 Pork Chopettes Scalloped Potatoes Mixed Vegetables Fresh Banana Orange Cranberry - Muffin ALTERNATE	29 Beef Hot Dog on Bun Baked Beans Carrot Sticks Corn ALTERNATE	30 Cheesey Ham and Potato Soup Cole Slaw Beets Diced Peaches Crackers ALTERNATE	

*all meals include two servings of grains, butter and carton of 2% milk
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