


September

2018 ORDER FORM

Please circle the word "ALTERNATIVE" for each day you would like to receive that week's alternative meal.

ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Burger w/ Cheese on Bun Sunshine Carrots Creamed Spinach Fruit Cup Gingerbread Cookie	3  LCAP CLOSED	4 Beef Patty w/ Gravy Baby Potatoes Green Beans w/ Tomatoes Fruit Cup Gingerbread Cookie ALTERNATE	5 BBQ Chicken Scalloped Potatoes Vegetable Blend Fruit Cup Apple Cookie ALTERNATE	6 Spaghetti Bake Italian Vegetables Succotash ALTERNATE	7 Ham & Cheese Sandwich Pasta Salad Broccoli & Raisin Salad Fruit Cup ALTERNATE
Fish Sandwich on Bun Baby Potatoes Green Bean - Casserole Fruit Cup Nutty Bar	10 Pork Choppettes w/ Gravy Mashed Sweet - Potatoes Vegetable Blend Fruit Cup ALTERNATE	11 Scrambled Eggs w/ Cheese Hash Brown Baked Apples Fresh Orange Muffin ALTERNATE	12 Open Faced Turkey Sandwich Red Roasted - Potatoes Baked Corn Peach Cobbler ALTERNATE	13 Stuffed Chicken Breast Vegetable Blend Lima Beans Fruit Cup ALTERNATE	14 Ham & Bean Soup Tossed Salad Beets Fruit Muffin ALTERNATE
Sweedish Meat Balls Over Noodles Green Beans Zucchini & Tomatoes Fruit Cup	17 Cabbage Rolls Corn Lima Beans Strawberry Cookies ALTERNATE	18 Orange Chicken Over Rice Asparagus Vegetable Blend ALTERNATE	19 Cheeseburger on Bun Baby Potatoes Vegetable Blend Fruit Cup Fig Bar ALTERNATE	20 Smoked Sausage w/ Cabbage Mashed Sweet - Potatoes Vegetable Blend Strawberry Cookie ALTERNATE	21 Egg Salad on Bun Creamed Cucumbers Three Bean Salad Fruit Cup ALTERNATE
Baked Chicken Mashed Potatoes w/ Gravy Buttered Corn Fruit Cup Muffin	24 Chicken & Broccoli Over Rice Sunshine Carrots Cinnamon Apples ALTERNATE	25 Salisbury Steak w/ Gravy Mashed Potatoes Green Bean - Casserole Fruit Cup ALTERNATE	26 Ham Loaf w/ Pineapple Sauce Red Roasted Potatoes Brussel Sprouts Fruit Cup Muffin ALTERNATE	27  CHEF'S CHOICE ALTERNATE	28 Chili Soup Coleslaw Pineapple Pudding ALTERNATE

nutritional information available upon request



*all meals include two servings of grains, butter and carton of 2% milk
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