

March


2019 ORDER FORM

Please circle the word "ALTERNATIVE" for each day you would like to receive that week's alternative meal.



nutritional information available upon request

ALTERNATIVE	FRIDAY
1 Creamed Chicken on Bun Buttered Corn Green Bean - Casserole Fruit Cup	1 BBQ Chicken Sandwich on Bun Baked Corn Green Beans Fruit Cup
	ALTERNATE

ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Turkey Burger on Bun Zucchini & Tomatoes Steamed Cauliflower Fruit Cup	5 Potato Crusted Pollock Mixed Greens Scalloped Potatoes Fresh Orange Strawberry Bar ALTERNATE	6 Shepherd's Pie Creamed Spinach Peach Cobbler Fresh Banana Apple - Cinnamon Bar ALTERNATE	7 BBQ Rib Patty Red Roasted - Potatoes Lima Beans Grapes Strawberry Bar ALTERNATE	8 All Beef Hot Dog on Bun Baked Beans Baby Potatoes Fruit Cup ALTERNATE	9 Chili Soup Tossed Salad Carrot Salad Peaches Corn Muffin Nuttly Bar ALTERNATE
10 Salisbury Steak w/ Gravy Loaded Mashed - Potatoes Green Bean - Casserole Fruit Cup Strawberry Bar	11 Turkey Tetrazini Buttered Carrots Steamed Asparagus Fruit Juice ALTERNATE	12 Cabbage Rolls Parsley Potatoes Buttered Peas Raisins Granola ALTERNATE	13 Sloppy Joe on Bun Buttered Corn Steamed Broccoli Apple Sauce ALTERNATE	14 Scrambled Eggs w/ Sausage Links Hash Brown Onions & Peppers Fresh Orange Blueberry Muffin ALTERNATE	15 Chicken Noodle Soup Potato Salad Three Bean Salad Diced Peaches ALTERNATE
17 Fish Sandwich on Bun Lima Beans Sunshine Carrots Grapes	18 Stuffed Peppers Vegetable Blend Mashed Sweet - Potatoes Apple Juice ALTERNATE	19 Cheeseburger on Bun Cowboy Corn Peas & Carrots Fresh Banana ALTERNATE	20 Chef's Salad w/ Turkey Cucumber Salad Pasta Salad Fruit Cup ALTERNATE	21 Shredded Chicken on Bun Stewed Tomatoes Edamame Medley Fruit Juice ALTERNATE	22  ALTERNATE
24 Italian Lentil Soup Tossed Salad Cole Slaw Diced Peaches Fig Bar	25 Spaghetti w/ Meat Sauce Green Beans Mashed Cauliflower Fresh Banana Apple Cinn. Muffin ALTERNATE	26 Country Fried Steak & Gravy Vegetable Blend Creamed Peas Fruit Cup Banana Nut Muffin ALTERNATE	27 Teryaki Chicken Breast Steamed Asparagus Buttered Corn Apple Sauce Granola ALTERNATE	28 Beef Tips over Rice Brussel Sprouts Vegetable Blend Fruit Juice ALTERNATE	29 Turkey & Cheese Sandwich on Bun Beets Mandarin Oranges Fruit Cup ALTERNATE

*all meals include two servings of grains, butter and carton of 2% milk

Please return your completed order form to your driver by February 7, 2019