


AUGUST



nutritional information available upon request

ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
			Chicken, Vegetable & Quinoa Casserole Steamed Broccoli Apple Crisp Fruit Cup Hot Apple Cobbler	Beef Patty w/ Gravy Tomatoes & Zucchini Succotash Fruit Cup Muffin	Ham, Green Beans & Potatoes Pineapples Macaroni Salad Cottage Cheese Corn Muffin
			ALTERNATE	ALTERNATE	ALTERNATE
ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	6	7	8	9	10
Cheeseburger on Bun Green Beans Tomatoes & Zucchini Fresh Orange	Scrambled Eggs w/ Sausage Links Hashbrown Hot Cherry Cobbler Fruit Cup	Swedish Meat Balls Over Noodles Asparagus Buttered Corn Fruit Cup	BBQ Pork on Bun Red Roasted - Potatoes Vegetable Blend Fruit Cup Nutty Bar	Chicken & Gravy Creamed Spinach Carrots Fruit Cup Strawberry Cookie	Turkey & Cheese on Bun Potato Salad Creamed Cucumbers Applesauce Nutty Bar
	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE
	13	14	15	16	17
Teryaki Chicken Mashed Cauliflower Asparagus Fruit Cup Orange-Cranberry Muffin	All Beef Hot Dog on Bun Hashbrown Vegetable Blend Fruit Cup	Shredded Chicken Sandwich Edamame Medley Tomatoes & Zucchini Fruit Cup Muffin	Cheeseburger on Bun Peas Sunshine Carrots Banana	Stuffed Peppers Lima Beans Corn Apple Cookie	Open Faced Turkey Sandwich Mashed Potatoes Vegetable Blend Edamame Medley
	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE
	20	21	22	23	24
Shepherd's Pie w/ Ground Beef Bean Medley Blueberry Cobbler Fresh Banana Captain's Wafers	Parmesan Cheese Chicken w/ Sauce & Pasta Sunshine Carrots Peas Fruit Cup	 CHEF'S CHOICE	Scalloped Potatoes w/ Ham Green Beans & Tomatoes Peach Cobbler Apple Cookie	Country Fried Steak w/ Gravy Vegetable Blend Brussel Sprouts Fresh Banana Muffin	Chicken Chef's Salad Pasta Salad Carrot Salad Fruit Cup Gingerbread Cookie Captain's Wafers
	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE
	27	28	29	30	31
Cabbage Rolls Scalloped Potatoes Carrots Corn Muffin Fruit Cup	Spaghetti w/ Meatballs Vegetable Blend Lima Beans	Ham Salad on Bun Mexican Coleslaw Beets Fruit Cup Fig Bar	Meatloaf Sandwich Green Bean-Casserole Sunshine Carrots Fruit Cup Gingerbread Cookie	Chicken & Broccoli Over Rice Corn Cinnamon Apples	Chicken Sandwich on Bun Succotash Blueberry Cobbler Fruit Cup Fig Bar
	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE	ALTERNATE

*all meals include two servings of grains, butter and carton of 2% milk
 Please return your completed order form to your driver by July 10, 2018