

July

LUNCH MENU

Please circle the word "ALTERNATIVE" for each day you would like to receive that week's alternative meal.

ALTERNATIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Pulled Pork Sandwich Lima Beans Tomatoes & Zucchini Fruit Cup Nutty Bar	2 Cheeseburger on Bun Baby Potatoes Vegetable Blend Fruit Cup Fig Bar ALTERNATE	3 King Ranch Chicken Casserole Steamed Cauliflower Vegetable Blend Apple Cookie ALTERNATE	4  LCAP CLOSED	5 Scrambled Eggs w/ Cheese Red Roasted Potatoes Hot Apple Cobbler Fruit Cup Muffin ALTERNATE	6 Ham & Cheese on Bun Coleslaw Broccoli & Raisin Salad Fruit Cup ALTERNATE
Chicken Tenders Mac & Cheese Green Beans Fruit Juice	9 Open Face Turkey Sandwich Mashed Potatoes Green Beans Hot Cinnamon - Applesauce ALTERNATE	10 Ravioli w/ Sauce Peas w/ Pearl Onions Carrots Fruit Cup ALTERNATE	11 Chicken Cacciatore Succotash Brussel Sprouts Apple Cookie ALTERNATE	12 Smoked Sausage w/ Cabbage Red Roasted Potatoes Vegetable Blend Strawberry Cookie ALTERNATE	13 Egg Salad on Bun Beets Three Bean Salad Fruit Cup ALTERNATE
Beef Pepper Steak Over Rice Buttered Corn Carrots Fruit Cup	16 Orange Chicken Over Rice Asparagus Vegetable Blend ALTERNATE	17 Cabbage Rolls Baked Beans Corn Fruit Cup Apple Cookie ALTERNATE	18 Turkey Beef Stew Over Biscuit Scalloped Potatoes Sunshine Carrots Nutty Bar ALTERNATE	19 Cowboy Baked Beans Vegetable Blend Baby Potatoes Fruit Cup Apple Cookie ALTERNATE	20 Shepherd's Pie Tossed Salad Fruit Chocolate Pudding ALTERNATE
Tuna Salad Stuffed Tomato Pea Salad Manderine - Oranges Saltine Crackers	23 Stuffed Chicken Breast Mashed Cauliflower Lima Beans Fruit Cup ALTERNATE	24 Salisbury Steak w/ Gravy Mashed Potatoes Green Beans Casserole Fruit Cup Apple Cookie ALTERNATE	25 Johnny Marzetti Peas Vegetable Blend Fruit Cup ALTERNATE	26 Pork Choppettes w/ Gravy Mashed Sweet - Potatoes Vegetable Blend Fruit Cup ALTERNATE	27 Chicken Salad on Fresh Vegetables Broccoli & Raisin - Salad Mixed Fruit Captain's Wafers ALTERNATE
Fettuccini Alfredo w/ Chicken Steamed Broccoli Apple Crisp Fruit Cup	30 Sloppy Joes on Bun Baby Potatoes Vegetable Blend Fresh Orange Fig Bar ALTERNATE	31  CHEF'S CHOICE ALTERNATE	<i>nutritional information available upon request</i> 		

*all meals include two servings of grains, butter and carton of 2% milk
 Please return your completed order form to your driver by June 7, 2018