

MAY MENU 2018

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>For questions, scheduling or canceling a meal, please call LCAP Nutrition at 740-345-0821.</p> <p><i>Ingredients available upon request.</i></p>	<p>MAY 1</p> <p>Beef Patty w/Gravy Baby Potatoes Green Beans w/ Tomatoes Fruit Cup Gingerbread Cookie Muffin, Milk</p>	<p>MAY 2</p> <p>Orange Chicken Over Rice Asparagus Mixed Vegetables Bread, Butter, Milk</p>	<p>MAY 3</p> <p>Open Face Roast Beef Sandwich Mashed Potatoes Baked Corn Peach Cobbler Bread, Butter, Milk</p>	<p>MAY 4</p> <p>Bologna & Cheese on Bun Coleslaw Three Bean Salad Fruit Cup Milk</p>
<p>MAY 7</p> <p>Salisbury Steak w/ Gravy Mashed Potatoes Green Bean Casserole Fruit Cup Apple Cookie Bread, Butter, Milk</p>	<p>MAY 8</p> <p>Lemon Pepper Chicken Carrots Zucchini & Tomatoes Fruit Cup Muffin, Milk</p>	<p>MAY 9</p> <p>Bratwurst on Bun Red Roasted Potatoes Sauerkraut Vegetables Blend Nutty Bar Milk</p>	<p>MAY 10</p> <p>Spaghetti Bake Italian Vegetables Succotash Bread, Butter, Milk</p>	<p>MAY 11</p> <p>Egg Salad on Bun Coleslaw Beets Fruit Cup Graham Crackers Milk</p>
<p>MAY 14</p> <p>Johnny Marzetti Black-Eyed Peas Vegetables Blend Fruit Cup Bread, Butter, Milk</p>	<p>MAY 15</p> <p>Scramble Eggs w/ Cheese Red Roasted Potatoes Hot Apples Fresh Orange Muffin, Milk</p>	<p>MAY 16</p> <p>Chicken & Gravy Mashed Sweet Potatoes Corn Fruit Cup Muffin, Milk</p>	<p>MAY 17</p> <p>Scalloped Potatoes w/Ham Green Beans & Tomatoes Peach Cobbler Apple Cookie Bread, Butter, Milk</p>	<p>MAY 18</p> <p>Chicken Chef's Salad Potatoe Salad Fruit Captain's Wafers Bread, Butter, Milk</p>
<p>MAY 21</p> <p>BBQ Beef on Bun Hash Brown Vegetable Blend Fruit Cup Nutty Bar Milk</p>	<p>MAY 22</p> <p>REd Beans & Rice w/ Ground Beef Creamed Corn Peas & Carrots Fruit Cup Bread, Butter, Milk</p>	<p>MAY 23</p> <p>Chicken Cacciatore Succotash Brussel Sprouts Apple Cookie Bread, Butter, Milk</p>	<p>MAY 24</p> <p>Spinach & Cheese Lasagna w/Meat Sauce Asparagus Vegetable Blend Bread, Butter, Milk</p>	<p>MAY 25</p> <p>Ham & Cheese on Bun Potato Salad Broccoli & Raising Salad Fruit Cup Fig Bar & Milk</p>
<p>MAY 28</p> <p>LCAP CLOSED</p> 	<p>MAY 29</p> <p>Cheeseburger on Bun Baby Potatoes Vegetable Blend Fruit Cup Fig Bar Milk</p>	<p>MAY 30</p> 	<p>MAY 31</p> <p>Chicken & Broccoli Over Rice Sunshine Carrots Cinnamon Apples Bread, Butter, Milk</p>	 <p>Visit our dining room M-F for lunch. Check out our website at www.lcap.org for more info.</p>