

APRIL MENU 2018

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 2 Stuffed Chicken Breast Mashed Sweet Potatoes Lima Beans Fruit Cup Bread, Butter, Milk	APRIL 3 Swedish Meat Balls Over Noodles Green Beans Zucchini & Tomatoes Fruit Cup Bread, Butter, Milk	APRIL 4 Spinach & Cheese Lasagna w/ Meat Sauce Asparagus Corn Bread, Butter, Milk	APRIL 5 Chicken & Broccoli Over Rice Peas & Carrots Cinnamon Apples Bread, Butter, Milk	APRIL 6 Ham Salad Tossed Salad Beets Fruit Bun, Milk
APRIL 7 Macaroni & Cheese w/ Ham Peas Carrots Fruit Cup Bread, Butter, Milk	APRIL 10 Cabbage Rolls Corn Lima Beans Strawberry Cookie Bread, Butter, Milk	APRIL 11 Meatloaf w/Gravy Scalloped Potatoes Vegetable Blend Fruit Cup Muffin, Milk	APRIL 12 BBQ Chicken Edamame Medley Zucchini & Tomatoes Fruit Cup Apple Cookie Bread, Butter, Milk	APRIL 13 Turkey & Cheese on Bun Potato Salad Carrot Salad Applesauce Nutty Bar, Milk
APRIL 16 Stuffed Peppers Mashed Potatoes Hot Maple Cinnamon Apples Muffin, Milk	APRIL 17 King Ranch Chicken Casserole Scalloped Potatoes Vegetable Blend Apple Cookie Bread, Butter, Milk	APRIL 18 Ham Loaf w/ Pineapple Sauce Red Roasted Potatoes Brussel Sprouts Fruit Cup Muffin, Milk	APRIL 19 Hamburger on Bun Baby Potatoes Green Bean Casserole Fruit Cup Nutty Bar, Milk	APRIL 20 Chili Soup Coleslaw Pineapple Cottage Cheese Muffin, Milk
APRIL 23 Beef & Broccoli Over Quinoa Sunshine Carrots Roasted Sweet Corn Nutty Bar Bread, Butter, Milk	APRIL 24 Smoked Sausage w/ Cabbage Mashed Sweet Potatoes Vegetable Blend Strawberry Cookie Bread, Butter, Milk	APRIL 25 Johnny Marzetti Black-Eyed Peas Vegetable Blend Fruit Cup Bread, Butter, Milk	APRIL 26 Country Fried Steak w/Gravy Au-Gratin Potatoes Brussel Sprouts Fresh Banana Muffin, Milk	APRIL 27 Chicken Salad on Bun Mexican Coleslaw Broccoli Salad Fruit Cup Gingerbread Cookie Milk

APRIL 30



Happy Easter

Ingredients available upon request.

For questions, scheduling or canceling a meal, please call **LCAP Nutrition at 740-345-0821.**

